



NEW HORIZONS

COLORECTAL CANCER AND NUTRITION

March is Colorectal Cancer Awareness Month and also National Nutrition Month! Join us as The Rural Health Network's Wellness staff will lead a conversation on the basics of colorectal cancer: facts, statistics, and the screening tools available. We will also cover how nutrition impacts this disease, while promoting beneficial changes for best colon and overall health.

TUESDAY, MARCH 31TH AT 1:00 PM

ELLENVILLE SENIOR HOUSING COMMUNITY ROOM

15 HEALTHY WAY ELLENVILLE, NY

PLEASE REGISTER BY MARCH 27TH

CALL (845) 647-6400 EXT 215

