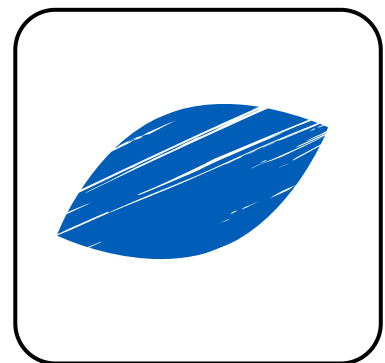
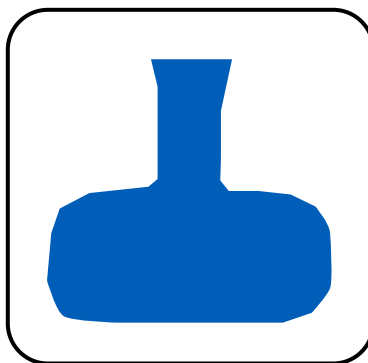
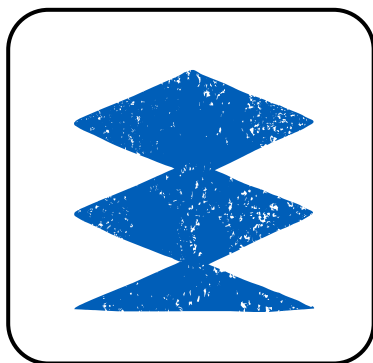
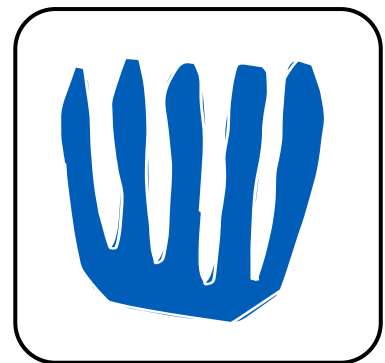
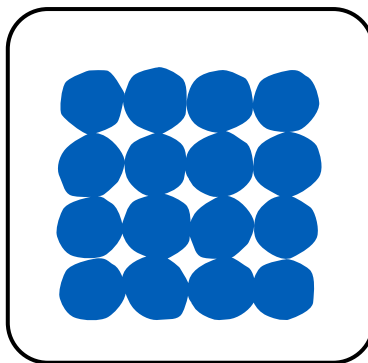
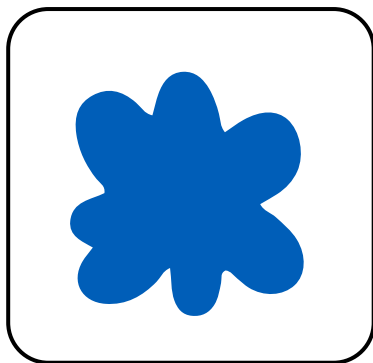


RECOVERY Craft Nights

Join Ellenville Regional Hospital Rural Health Network and Family of Ellenville for a series of creative craft nights designed for individuals recovering from substance use and mental health disorders, along with their families. Each session uses hands on activities to build practical recovery skills, encourage connection, and introduce healthy hobbies in a supportive and welcoming space.

**Thursdays, June 11–July 9, 2026 •
5:30–7:30 PM • At Family of Ellenville**



Free to attend • Open to individuals in recovery, family members, and supporters • Family friendly event • No artistic experience needed – all skill levels encouraged



UPCOMING EVENTS

THUR
11

5:30 PM
7:30 PM

Cards of Connection

Make handmade cards while exploring the importance of connection in recovery. Focus on building relationships and reaching out for support.

THUR
18

5:30 PM
7:30 PM

Scratch Art & Hidden Emotions

Use scratch art to reveal what's beneath the surface. Focus on recognizing and expressing emotions in healthy ways.

THUR
25

5:30 PM
7:30 PM

Diamond Painting & Mindfulness

Slow down and stay present through diamond painting. Build mindfulness through focus and repetition.

THUR
2

5:30 PM
7:30 PM

Beads of Recovery

Create a bracelet where each bead represents a recovery skill or support you have. Build awareness of your strengths and tools.

THUR
9

5:30 PM
7:30 PM

Painted Rocks & Acceptance

Each natural rock is unique, just like recovery. Focus on accepting differences and letting go of perfection while creating.