



SMART Recovery <sup>®</sup> is a science-based addiction recovery support group, where participants learn self-empowering techniques to aid their recovery from any addictive behavior, such as substance use, food, sex, and gambling.

**Meetings are held every Sunday from 2pm - 3pm at:**

Ellenville Regional Hospital  
10 Healthy Way  
Ellenville, NY 12428  
Main Board Room

For more information, please call 845-807-7564 or visit [www.smartrecovery.org](http://www.smartrecovery.org)

