

Ellenville Regional Hospital
Community Health Needs Assessment
2022-2024



10 Healthy Way
Ellenville, NY 12428
www.erhny.org

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Executive Summary

Every three years, the New York State (NYS) Department of Health (DOH) requires local health departments (LHD) to submit Community Health Assessments (CHA) and hospitals to submit Community Health Needs Assessments (CHNA). LHDs and hospitals collaborate with community partners and residents to create Community Health Improvement Plans (CHIP) and Community Service Plans (CSP), respectively. These assessments and plans are meant to meet several requirements from NYS Public Health Law and the Affordable Care Act. In recent years, the NYSDOH has encouraged LHDs and hospitals to collaborate in the creation of these documents to better serve their communities.

In 2017, the seven LHDs of the Mid-Hudson Region (M-H Region), including Dutchess, Orange, Putnam, Rockland, Sullivan, Ulster, and Westchester Counties, created the Local Health Department Prevention Agenda Collaborative with the goal of conducting regional resident and provider surveys, creating a regional CHA, and collaborating on common CHIP priorities. This regional approach was continued for the 2022 CHA, CHIP, and CSP cycle, with the collaborative being renamed the Hudson Valley Public Health Collaborative (HVPHC).

A CHA depicts a comprehensive review of a community's current health status, factors contributing to higher health risks or poor health outcomes, and community resources available to improve health. When conducting the Regional CHA, the HVPHC gathers data and information from as many sources as possible so that a comprehensive assessment can be completed.¹ The CHA can then inform the community to make decisions and develop plans to improve the health of the region.

The LHDs in the HVPHC used Epidemiology and Laboratory Capacity COVID-19 funds, along with partial funding from Garnett Health to contract with Siena College Research Institute (SCRI) to conduct a regional community health survey as a component of the Regional CHA. To further supplement the data collected, members of the HVPHC held focus groups and conducted a survey of community partners to understand the needs of specific communities and populations and the barriers they face to achieving optimal health. Along with the primary data collected through the surveys and focus groups, secondary data were compiled to display health indicators for the M-H Region. Each health indicator was narrated to contextualize the data and outline how each indicator relates.

This document was written by the HVPHC and is intended to serve as a reference for key health information for all stakeholders within the M-H Region and assist them in identifying and prioritizing the health needs of the region and the communities. An additional goal of this project is to initiate collaboration to address key health issues in the region and to inform the CHIPs of each county and the CSPs of non-profits 501(c)(3) hospitals. (Mid-Hudson Region Community Health Assessment, 2022).

ERH, with its service area composed predominantly of the Town of Wawarsing (population 12,814), and the surrounding areas, has through the health assessment process, identified cancer and substance use disorder as two health conditions resulting in premature death and disparate impact in the service area. In Ulster County, the rate of cancer diagnoses is like that of New York State (468 per 100k in UC vs 484.8 per 100k in NYS), however cancer mortality rates are far higher in Ulster County (153.3 per 100k in UC vs. 138.4 per 100k in NYS). This indicates a need

for earlier screenings to detect these cancer diagnoses and increase survival rates. Substance use has had an immediate impact on the rate of premature death in Ulster County, with 68 overdose fatalities in 2021.

Mission & Vision

Ellenville Regional Hospital (ERH) provides exceptional health care services to all people who live, work, and visit the surrounding communities. This health care is delivered with compassion and respect based on our commitment to improving our community health through excellence, innovation, and state-of-the-art technologies.

Description of the Community Served

Ulster County is located in the southeast part of NYS, south of Albany and immediately west of the Hudson River. Bordered by Greene County to the north, Delaware County to the northwest, Sullivan County to the southwest, Orange County to the south, and Dutchess County across the Hudson River to the east, much of Ulster County can be characterized as suburban and semi-rural. The county has only one major urban area, the city of Kingston, located in the eastern central portion of the county, and encompassing just 7.4 square miles of the county's total area. The rest of the county is comprised of 20 towns and three villages. Ulster County is home to nine school districts and two colleges and universities within its 1,161-square mile area (Mid-Hudson Region Community Health Assessment, 2022).

ERH is a 25-bed rural critical access hospital that is also a teaching facility, located in the Village of Ellenville in the Town of Wawarsing in Ulster County NY. In terms of hospital patient volume, the Emergency Department has approximately 13,000 - 15,000 visits annually. In 2021, the hospital served a total of 11,681 unique patients who made 28,278 visits. Located within Ulster County, the Town of Wawarsing is situated in the Mid-Hudson Valley, approximately 90 miles northwest of New York City. The Town of Wawarsing has a population of 12,814, of which 4,209 reside within the Village of Ellenville, the largest population center (2017-2021 American Community Survey 5-Year Estimates). The ERH's service area includes the top ten zip codes serviced by the hospital. There has been no major change to the parameters of the Ellenville Regional Hospital Service Area since the 2021 CSP update was submitted.

<i>Demographics</i>		
	<i>Town of Wawarsing</i>	<i>Village of Ellenville</i>
<i>Race/Ethnicity</i>		
<i>White</i>	<i>66.4%</i>	<i>53.4%</i>
<i>Black or African America</i>	<i>10.1%</i>	<i>7.5%</i>
<i>American Indian & Alaska Native</i>	<i>0.3%</i>	<i>0</i>
<i>Asian</i>	<i>0.9%</i>	<i>1.0%</i>
<i>other races</i>	<i>0.9%</i>	<i>14.0%</i>
<i>Two or more races</i>	<i>9.3%</i>	<i>24.1%</i>
<i>Hispanic of any race</i>	<i>12.9%</i>	<i>44.2%</i>

<i>Median Age</i>	<i>25.9%</i>	<i>30.9 years</i>
<i>Age 62 or older</i>	<i>42years</i>	<i>21.9%</i>
<i>Median Household income</i>	<i>\$54,111</i>	<i>\$53,846</i>
<i>Income below poverty</i>	<i>17.9%</i>	<i>18.9%</i>

ERH's catchment area includes an impoverished population borne out by some of the statistics listed above. For example, Ellenville and Wawarsing have median household incomes (shown in chart) that are substantially lower than the Ulster County median household income of \$78,938 and the NYS median household income of \$74,314 (ACS 2017-2021). In addition, the Town of Wawarsing is designated a Medically Underserved Population (MUA/P) (78828). Both factors create a significant barrier for the uninsured and under-insured to be able to access quality healthcare, other than by utilizing those health care services available through ERH. Compared to 2021 statistics for the overall population of Ulster

County (5.5% Black or African American and 11.1% Hispanic or Latino), Ellenville and Wawarsing (statistics shown in chart) stand out as diverse rural communities made up of markedly higher percentages of African American and Hispanic residents.

When looking at the health of the community in the Ellenville/Warwarsing area, it is important to note that the Ellenville Family Health Center (IFH), a primary care health center which is operated by The Institute for Family Health, one of the largest Federally Qualified Health Centers (FQHC) in New York State, is also located on the ERH campus. The Institute is committed to providing high-quality, affordable health care for all. It strives for excellence at each of its 26 practices, while accepting all patients regardless of their ability to pay. The Ellenville IFH offers primary care, mental health care, dental, and social work services, along with many other health services for patients of all ages. As part of a federally qualified community health center network, it meets national standards for affordable, accessible, and comprehensive health care services. The Center is accredited by the Joint Commission and recognized by the National Committee for Quality Assurance as a Level 3 patient-centered medical home: the highest recognition available. The IFH sees approximately 3,600 patients per year and offers same-day appointments. According to the Institute of Family Health, a Federally Qualified Healthcare Center's Ellenville Site data, nearly 59% of health center patients residing in the 12428-zip code receive Medicaid or other public insurance, and 7.6% are uninsured. Furthermore, roughly 10% of adults in the zip code have no usual source of care. The same percentage of adults have delayed or not sought care due to high cost.

Wawarsing and the Village of Ellenville were previously home to several manufacturing businesses, including Imperial Schrade and Hydro Aluminum, which employed many residents. The surrounding area also boasted several large resort hotels. However, since the mid-1990's, the Ellenville community has lost over 2,000 jobs, due in part to these businesses closing their doors and a significant decline in the tourist industry in the area. The Town and Village struggle with the issues that accompany poverty and unemployment in rural areas. Over 12% of residents in the Village are unemployed and major employers that continue to support the residents of the region are the NYS Department of Corrections, Ellenville Central School District, and Ellenville Regional Hospital.

An affordable Senior Housing project, which is a joint venture between the hospital and Warwick Properties, Inc., is located on the Ellenville Regional Hospital campus. All three phases of the project remain fully occupied, with approximately 156 senior citizens living independently in one- bedroom apartments. Funding was secured for the project from the New York State Division of Housing's Community Renewal Housing Trust Fund. The Partnership sponsoring the housing project is developing plans to build additional affordable housing close to the hospital, targeting seniors, special needs populations and possibly returning Vets.

Public Participation

To engage the community in the selection of health priorities for 2022-2024, the Ulster County Department of Health (UCDOH) took the lead, with partners Health Alliance of the Hudson Valley and Ellenville Regional Hospital, in the organization and execution of a county-wide Community Health Assessment (CHA) as UCDOH did in 2018. A Community Health Needs Assessment Survey was used to confirm existing priorities and to help develop new evidence-based strategies. Conducted by Siena College Research Institute, a 13-minute, random dial survey (70% landline, 30% cell) was conducted across the seven counties of the Hudson valley. In Ulster County, 647 individuals were surveyed, with Spanish speaking interviewers available. The three organizations (UCDOH, HA, and ERH) continued to meet throughout 2022, with additional representatives from organizations in the county including the Institute for Family Health, Cornell Cooperative Extension of Ulster County, and staff from other County departments, to continue the conversation around health priorities and initiatives to be included in the CHIP/CSP.

Ellenville Regional Rural Health Network (ERRHN), a newly formed department of Ellenville Regional Hospital (2017), worked on a project around senior health and access to healthcare throughout the survey period of the CHA. Through this project, additional surveying was done specifically with seniors in Wawarsing, and their attitudes towards telehealth and telehealth hub sites (attachment 2). The information gathered helped in the process of coordinating up to three Telehealth Hub Sites that will be dispersed throughout the hospitals service area. A plan for a potential pilot site in Wawarsing is still being conducted. In addition to these extra surveys, the ERRHN, along with its partners, also completed a senior focused gaps analysis for Wawarsing (attachment 3).

Additionally, the Healthy Ulster Council, a broad-based coalition formed by representatives from a variety of organizations and agencies in 2010, has been ongoing in its work of focusing on health problems in Ulster County and ways to improve health outcomes. Regular meetings of the Coalition, along with presentations and discussions, have kept the larger community, including Ellenville and the Town of Wawarsing, involved in the process of tracking health concerns and solutions.

Assessment and Selection of Public Health Priorities

A work group made up of key staff from UCDOH, Health Alliance of the Hudson Valley and Ellenville Regional Hospital met regularly to review local health data in conjunction with the existing Community Health Improvement Plan and the Community Service Plans for the two hospitals. This work group reviewed the status of existing community.

interventions and best practices, analyzed the results of the UC Community Health Needs Assessment, and presented findings to the three main community coalitions working in these priority areas. Following these efforts, the work group elected to continue working towards the two previously selected Priority Areas (PAs): Prevent Chronic Disease and Promote Well-Being and Prevent Mental and Substance Use Disorders for the next 2022-2024 years. The specific interventions selected for each hospital system will be jointly monitored by the work group and the larger coalitions.

With an emphasis on these two PAs, the partners are closely watching the upward trends in suicide rates, opioid overdose rates, adult smoking rates, exposure to secondhand smoke, tobacco marketing to youth, child poverty rates, food insecurity, teen pregnancy rates, child and adult obesity rates, hypertension rates, premature death rates, and preventable hospitalizations. At the same time, many positive programs to promote health are being developed or expanded by the partners, while they are also working on interventions and programs to prevent the development of chronic diseases.

For ERH specifically, the Focus Areas chosen within the two Prevention Agenda Priorities for the years 2022-2024 are to

- 1) Prevent Chronic Diseases Focus Area 4: Preventive care and management
- 2) Promote Well-Being and Prevent Mental and Substance Use Disorders Focus Area 2:

The Emergency Department (ED) has historically been a critical point of access for emergent trauma, overdoses, and other medical crises. In 2021, the total number of opioid related ED visits at ERH was 192, and overdoses accounted for 49 of those visits. Ellenville First Aid and Rescue Squad transported 93 of these patients to ERH. As per the recent New York State County Opioid Quarterly Report (October 2022), Ulster County experienced 166 opioid overdose ED visits in 2021. Ulster County Medical Examiner data shows that there were 66 fatal opioid overdoses in 2020, and 71 in 2021, the County's highest on record. Since the start of the COVID-19 Pandemic in 2020, both the raw number of overdoses and the number of opioid fatalities has increased.

The burden of impact the community has experienced because of the opioid crisis, highlighted by the data presented, lead to the selection of preventing substance overdose and fatality as the second focus area.

Priority Area #1: Preventing Chronic Diseases

Focus Area 4: Preventive care and management.

Goal 4.1: Increase cancer screening rates.

Intervention 1 Summary: ERH is working to identify patients that are newly eligible for certain cancer screenings including lung cancer, colorectal cancer, breast cancer, and cervical cancer. Those that are eligible will receive education regarding the importance of these screenings, assistance with scheduling

appointments, and assistance with overcoming barriers such as lack of insurance or transportation. All of this is done with the goal of early detection, treatment, and prevention.

Intervention 2 Summary: ERH is working to identify and recruit individuals who are interested in learning more about preventive care or cancer prevention. These individuals can actively work with a community health worker to practice healthy goal setting, increasing physical activity and building motivation. These individuals can also actively work with a nutritionist to help make lasting healthy lifestyle changes. All these activities are provided at no direct cost and have a common goal of decreasing risk of developing some cancers or chronic diseases.

Intervention 3 Summary: ERH is working to identify current tobacco users to provide tobacco cessation counseling in an individual or group setting. This service is provided at no direct cost with a goal of decreasing risk of developing some cancers or chronic diseases.

Priority Area #2: Promote the Well-being and Prevent Mental Health and Substance Use Disorders Focus Area 2:

Mental Health and Substance Use Disfunction

Goal 2.2: Prevent opioid overdose deaths.

Intervention 1 Summary: Implement Project RESCUE, a collaborative partnership between ERH and Catholic Charities of Orange, Sullivan, and Ulster. Medication Assisted Recovery (MAR) (Buprenorphine) will be available in the ED for induction 24/7 (with assessment for withdrawal symptoms) with a warm hand off to a certified recovery peer advocate (CRPA) and a referral to start treatment. MAR is available for up to three days in the ED, with a guaranteed treatment start day with partnering agencies of day four. Continue to link inducted patients to the MAT Care Manager, as necessary.

Intervention 2 Summary: Provide necessary harm reduction supplies and guidance to prevent fatal overdoses and the occurrence, and transmission of infectious complications (i.e., Hep C, HIV, Endocarditis).

Intervention 3 Summary: Support Ulster County Sheriff's Project ORACLE to facilitate law enforcement assisted diversion for substance use disorder by participating in the county wide "High-Risk Mitigation Team," a care-coordination model that aims to reduce rates of relapse, overdose, and death.

Attachments

Attachment 1: Community Survey

INT01:

Hello, this is _____ from the Siena College Research Institute. We are working with local health departments and hospital systems to survey Hudson Valley residents to better understand the health status and health-related values of people who live in the community. Are you 18 years of age or older? IF DIALING LANDLINE: May I speak with the youngest person in the household age 18 or older? IF NEEDED: You've been selected at random to be included in this survey. Your individual responses are confidential and no identifiable information about you will be shared with anyone—all responses are grouped together. The questions I am going to ask you relate to your health and to your thoughts about health-related resources in your community. Again, your responses may really help to strengthen health policies and services. IF NEEDED: In total, the survey takes approximately 10 minutes to complete and you may refuse to answer any question that you do not want to answer. Are you able to help us with this important project?

Continue with survey.....	OK
Call back at a later time	21
Appointment.....	22
Not a Private Residence	23
No Eligible Respondent	24
Soft Refusal	81
Hard Refusal.....	82
Do Not Call	83
Spanish Speaking	31
Not English or Spanish Speaking	32
No Male in Household.....	41

CELLPHONE:

Have I reached you on a cell phone?

Yes	1
No.....	2

SAFE:

Are you in a place where you can safely talk on the phone and answer my questions?

Yes	1
No.....	2

STATE2:

Do you live in New York State?

Yes	1
No.....	2
Refused	9

BUSCELL:

Is the cell phone I have reached you on used only for personal use, only for business use, or used for both personal and business use?

Personal use.....	1
Business use.....	2
Both.....	3
[DO NOT READ] Refused	9

COUNTY2:

What county in New York State do you live in? [DO NOT READ LIST]

Albany	001
Allegany	003
Bronx.....	005
Broome.....	007
Cattaraugus.....	009
Cayuga	011
Chautauqua.....	013
Chemung.....	015
Chenango.....	017
Clinton	019
Columbia.....	021
Cortland	023
Delaware	025
Dutchess.....	027
Erie.....	029
Essex	031
Franklin.....	033
Fulton.....	035
Genesee.....	037
Greene	039
Hamilton	041
Herkimer	043
Jefferson	045
Kings – Brooklyn.....	047
Lewis.....	049
Livingston	051
Madison	053
Monroe.....	055
Montgomery	057
Nassau	059
New York – Manhattan.....	061
Niagara.....	063
Oneida	065
Onondaga.....	067
Ontario	069
Orange	071
Orleans	073
Oswego.....	075
Otsego	077
Putnam	079
Queens	081
Rensselaer	083
Richmond - Staten Island.....	085
Rockland	087

St. Lawrence	089
Saratoga	091
Schenectady	093
Schoharie.....	095
Schuyler	097
Seneca	099
Steuben.....	101
Suffolk	103
Sullivan.....	105
Tioga.....	107
Tompkins.....	109
Ulster.....	111
Warren	113
Washington.....	115
Wayne	117
Westchester.....	119
Wyoming.....	121
Yates	123
Don't know/Refused	999

ZIPC:

What is your zip code? [ENTER 5 DIGIT ZIP CODE IN BOX AT BOTTOM OF SCREEN]

[DO NOT READ] Don't know/Refused99999

Q4:

How long have you lived in <county2> County?

Less than 1 year.....	1
At least 1 year but less than 2 years.....	2
At least 2 years but less than 5 years	3
5 years or more	4
[DO NOT READ] Don't know/Refused	9

Q5KEY:

I'm going to read you a series of statements that some people make about the area around where they live, that is, their community. For each, tell me if that statement is completely true of your community, somewhat true, not very true or not at all true for your community.

Continue 1

Q5A:

There are enough jobs that pay a living wage.[IF NEEDED: Tell me if that statement is completely true of your community, somewhat true, not very true or not at all true for your community.]

Completely true.....	1
Somewhat true	2
Not very true	3
Not at all true	4
[DO NOT READ] Don't know	8
[DO NOT READ] Refused	9

Q5B:

Most people are able to access affordable food that is healthy and nutritious.[IF NEEDED: Tell me if that statement is completely true of your community, somewhat true, not very true or not at all true for your community.]

Completely true.....	1
Somewhat true	2
Not very true	3
Not at all true	4
[DO NOT READ] Don't know	8
[DO NOT READ] Refused	9

Q5C:

People may have a hard time finding a quality place to live due to the high cost of housing.[IF NEEDED: Tell me if that statement is completely true of your community, somewhat true, not very true or not at all true for your community.]

Completely true.....	1
Somewhat true	2
Not very true	3
Not at all true	4
[DO NOT READ] Don't know	8
[DO NOT READ] Refused	9

Q5D:

Parents struggle to find affordable, quality childcare.[IF NEEDED: Tell me if that statement is completely true of your community, somewhat true, not very true or not at all true for your community.]

Completely true.....	1
Somewhat true	2
Not very true	3
Not at all true	4
[DO NOT READ] Don't know	8
[DO NOT READ] Refused	9

Q5E:

There are sufficient, quality mental health providers.[IF NEEDED: Tell me if that statement is completely true of your community, somewhat true, not very true or not at all true for your community.]

Completely true.....	1
Somewhat true	2
Not very true	3
Not at all true	4
[DO NOT READ] Don't know	8
[DO NOT READ] Refused	9

Q5F:

Local government and/or local health departments, do a good job keeping citizens aware of potential public health threats.[IF NEEDED: Tell me if that statement is completely true of your community, somewhat true, not very true or not at all true for your community.]

Completely true..... 1
 Somewhat true 2
 Not very true 3
 Not at all true 4
 [DO NOT READ] Don't know 8
 [DO NOT READ] Refused 9

Q5G:

There are places in this community where people just don't feel safe.[IF NEEDED: Tell me if that statement is completely true of your community, somewhat true, not very true or not at all true for your community.]

Completely true..... 1
 Somewhat true 2
 Not very true 3
 Not at all true 4
 [DO NOT READ] Don't know 8
 [DO NOT READ] Refused 9

Q5H:

People can get to where they need using public transportation.[IF NEEDED: Tell me if that statement is completely true of your community, somewhat true, not very true or not at all true for your community.]

Completely true..... 1
 Somewhat true 2
 Not very true 3
 Not at all true 4
 [DO NOT READ] Don't know 8
 [DO NOT READ] Refused 9

Q6:

Overall, how would you rate the quality of information you receive from county agencies during public emergencies, such as weather events or disease outbreaks? Would you say it is excellent, good, fair or poor?

Excellent 1
 Good 2
 Fair 3
 Poor..... 4
 [DO NOT READ] Don't know 8
 [DO NOT READ] Refused 9

Q7:

In general, how would you rate your physical health? Would you say that your physical health is excellent, good, fair or poor?

Excellent	1
Good	2
Fair	3
Poor.....	4
[DO NOT READ] Don't know	8
[DO NOT READ] Refused	9

Q8:

Mental health involves emotional, psychological and social wellbeing. How would you rate your overall mental health? Would you say that your mental health is excellent, good, fair or poor? [IF NEEDED: including things like hopefulness, level of anxiety and depression.]

Excellent	1
Good	2
Fair	3
Poor.....	4
[DO NOT READ] Don't know	8
[DO NOT READ] Refused	9

Q9KEY:

Thinking back over the past 12 months, for each of the following statements I read, tell me how many days in an AVERAGE WEEK you did each.

Continue	1
----------------	---

Q9A:

Over the past 12 months how many days in an average week did you eat a balanced, healthy diet?

0 days	1
1 to 3 days.....	2
4 to 6 days.....	3
All 7 days	4
[DO NOT READ] Don't know	8
[DO NOT READ] Refused	9

Q9B:

Over the past 12 months how many days in an average week did you exercise for 30 minutes or more a day?

0 days	1
1 to 3 days.....	2
4 to 6 days.....	3
All 7 days	4
[DO NOT READ] Don't know	8
[DO NOT READ] Refused	9

Q9C:

Over the past 12 months how many days in an average week did you get 7 to 9 hours of sleep in a night?

0 days	1
1 to 3 days.....	2
4 to 6 days.....	3
All 7 days	4
[DO NOT READ] Don't know	8
[DO NOT READ] Refused	9

Q10:

On an average day, how stressed do you feel?[IF NEEDED: Stress is when someone feels tense, nervous, anxious, or can't sleep at night because their mind is troubled.]

Not at all stressed	1
Not very stressed	2
Somewhat stressed	3
Very stressed	4
[DO NOT READ] Don't know	8
[DO NOT READ] Refused	9

Q11:

In your everyday life, how often do you feel that you have quality encounters with friends, family, and neighbors that make you feel that people care about you?[IF NEEDED: For example, talking to friends on the phone, visiting friends or family, going to church or club meetings]

Less than once a week	1
1 to 2 times a week	2
3 to 5 times a week	3
More than 5 times a week.....	4
[DO NOT READ] Don't know	8
[DO NOT READ] Refused	9

Q12:

How frequently in the past year, on average, did you drink alcohol?[READ LIST]

Never	1
Less than once per month.....	2
More than once per month, but less than weekly	3
More than once per week, but less than daily.....	4
Daily	5
[DO NOT READ] Don't know	8
[DO NOT READ] Refused	9

Q13:

Do you currently drink alcohol less often than you did before the COVID-19 pandemic, more often than you did before the pandemic or about as often as you did before the pandemic?

- Less often than you did 1
 More often than you did..... 2
 About as often as you did..... 3
 [DO NOT READ] Don't know 8
 [DO NOT READ] Refused 9

Q14:

How frequently in the past year have you used a drug whether it was a prescription medication or not, for non-medical reasons?

- Never 1
 Less than once per month..... 2
 More than once per month, but less than weekly 3
 More than once per week, but less than daily..... 4
 Daily 5
 [DO NOT READ] Don't know 8
 [DO NOT READ] Refused 9

Q15:

Do you currently use any type of drug less often than you did before the COVID-19 pandemic, more often than you did before the pandemic or about as often as you did before the pandemic?

- Less often than you did 1
 More often than you did..... 2
 About as often as you did..... 3
 [DO NOT READ] Don't know 8
 [DO NOT READ] Refused 9

Q16KEY:

In the past 12 months, have you or any other member of your household been unable to get any of the following when it was really needed? Please answer yes or no for each item.

- Continue 1

Q16A:

Food [IF NEEDED: Have you or any other member of your household been unable to get any of the following when it was really needed?]

- Yes 1
 No..... 2
 [DO NOT READ] Don't know 8
 [DO NOT READ] Refused 9

Q16B:

Utilities, including heat and electric [IF NEEDED: Have you or any other member of your household been unable to get any of the following when it was really needed?]

Yes 1
No..... 2
[DO NOT READ] Don't know 8
[DO NOT READ] Refused 9

Q16C:

Medicine [IF NEEDED: Have you or any other member of your household been unable to get any of the following when it was really needed?]

Yes 1
No..... 2
[DO NOT READ] Don't know 8
[DO NOT READ] Refused 9

Q16D:

Any healthcare, including dental or vision [IF NEEDED: Have you or any other member of your household been unable to get any of the following when it was really needed?]

Yes 1
No..... 2
[DO NOT READ] Don't know 8
[DO NOT READ] Refused 9

Q16E:

Phone [IF NEEDED: Have you or any other member of your household been unable to get any of the following when it was really needed?]

Yes 1
No..... 2
[DO NOT READ] Don't know 8
[DO NOT READ] Refused 9

Q16F:

Transportation [IF NEEDED: Have you or any other member of your household been unable to get any of the following when it was really needed?]

Yes 1
No..... 2
[DO NOT READ] Don't know 8
[DO NOT READ] Refused 9

Q16G:

Housing [IF NEEDED: Have you or any other member of your household been unable to get any of the following when it was really needed?]

Yes 1
No..... 2
[DO NOT READ] Don't know 8
[DO NOT READ] Refused 9

Q16H:

Childcare [IF NEEDED: Have you or any other member of your household been unable to get any of the following when it was really needed?]

Yes 1
 No..... 2
 [DO NOT READ] Don't know 8
 [DO NOT READ] Refused 9

Q16I:

Access to the internet [IF NEEDED: Have you or any other member of your household been unable to get any of the following when it was really needed?]

Yes 1
 No..... 2
 [DO NOT READ] Don't know 8
 [DO NOT READ] Refused 9

Q17:

Have you visited a primary care physician for a routine physical or checkup within the last 12 months?

Yes 1
 No..... 2
 [DO NOT READ] Don't know 8
 [DO NOT READ] Refused 9

Q18:

In the last 12 months, were any of the following reasons that you did not visit a primary care provider for a routine physical or checkup? INTERVIEWER: Read each choice and get a Yes or No response for each

I did not have insurance 01
 I did not have enough money [IF NEEDED: For things like co-payments, medications, etc] 02

 I did not have transportation..... 03
 I did not have time..... 04
 I chose not to go due to concerns over COVID 05
 I chose not to go for another reason 06
 I couldn't get an appointment for a routine physical or checkup 07
 [DO NOT READ] Other (specify)..... 97
 [DO NOT READ] Don't know 98
 [DO NOT READ] Refused 99

Q19:

Have you visited a dentist for a routine check-up or cleaning within the last 12 months?

Yes 1
 No..... 2
 [DO NOT READ] Don't know 8
 [DO NOT READ] Refused 9

Q20:

In the last 12 months, were any of the following reasons that you did not visit a dentist for a routine check-up or cleaning? INTERVIEWER: Read each choice and get a Yes or No response for each

I did not have insurance 01

I did not have enough money [IF NEEDED: For things like co-payments, medications, etc] 02

I did not have transportation..... 03

I did not have time..... 04

I chose not to go due to concerns over COVID 05

I chose not to go for another reason 06

I couldn't get an appointment for a routine check-up or cleaning..... 07

[DO NOT READ] Other (specify)..... 97

[DO NOT READ] Don't know 98

[DO NOT READ] Refused 99

Q21:

Sometimes people visit the emergency room for medical conditions or illnesses that are not emergencies; that is, for health-related issues that may be treatable in a doctor's office. Have you visited an emergency room for a medical issue that was not an emergency in the last 12 months?

Yes 1

No..... 2

[DO NOT READ] Don't know 8

[DO NOT READ] Refused 9

Q22:

In the last 12 months, for which of the following reasons did you visit the emergency room for a non-health emergency rather than a doctor's office? INTERVIEWER: Read each choice and get a Yes or No response for each

I do not have a regular doctor/primary care doctor 01

The emergency room was more convenient because of location 02

The emergency room was more convenient because of cost 03

The emergency room was more convenient because of hours of operation..04

At the time I thought it was a health-related emergency, though I later learned it was NOT an emergency.....05

My primary care doctor was not available due to COVID 06

COVID-19 Testing 07

[DO NOT READ] Don't know 98

[DO NOT READ] Refused 99

Q23:

Have you visited a mental health provider, such as a psychiatrist, psychologist, social worker, therapist for 1-on-1 appointments or group-sessions (either in-person or online), etc. within the last 12 months?

Yes 1

No..... 2

[DO NOT READ] Don't know 8

[DO NOT READ] Refused 9

Q24:

In the last 12 months, were any of the following reasons that you did not visit a mental health provider? [READ LIST]INTERVIEWER: Read each choice and get a Yes or No response for each

I did not have a need for mental health services.....	01
I did not have insurance	02
I did not have enough money [IF NEEDED: For things like co-payments, medications, etc]	03
.....	
I did not have transportation.....	04
I did not have time.....	05
I chose not to go.....	06
A mental health provider was not available due to COVID.....	07
[DO NOT READ] Other (specify).....	97
[DO NOT READ] Don't know	98
[DO NOT READ] Refused	99

Q25:

During COVID, have you had a tele-health appointment with any healthcare provider?

Yes	1
No.....	2
[DO NOT READ] Don't know	8
[DO NOT READ] Refused	9

Q26:

Which of the following were reasons that you did not have a tele-health appointment?

I did not have a need for tele-health services	01
My doctor did not offer tele-health	02
I don't have access to the internet	03
I didn't know how to set up or participate in a tele-health appointment.....	04
I prefer in person so I didn't set up a tele-health appointment.....	05
I put off all medical care during the pandemic	06
[DO NOT READ] Other (specify).....	97
[DO NOT READ] Don't know	98
[DO NOT READ] Refused	99

Q27:

Have you ever had COVID?

Yes	1
No.....	2
[DO NOT READ] Not sure.....	8
[DO NOT READ] Refused	9

Q28:

And what about the other members of your household, has any other member of your household had COVID?

- Yes 1
 No..... 2
 [DO NOT READ] Don't have any other household members 7
 [DO NOT READ] Not sure..... 8
 [DO NOT READ] Refused..... 9

Q29:

Have you or any other household member had ongoing COVID symptoms that have lasted more than four weeks - otherwise known as long-COVID?

- Yes 1
 No..... 2
 [DO NOT READ] Don't know 8
 [DO NOT READ] Refused 9

Q30KEY:

Consider the impact of COVID on each of the following and indicate whether it has improved over the course of the pandemic, worsened or stayed the same?

- Continue 1

Q30A:

Your physical health [IF NEEDED: Has this improved over the course of the pandemic, worsened or stayed the same?]

- Improved..... 1
 Worsened 2
 Stayed the same..... 3
 [DO NOT READ] Don't know 8
 [DO NOT READ] Refused 9

Q30B:

Your mental health [IF NEEDED: Has this improved over the course of the pandemic, worsened or stayed the same?]

- Improved..... 1
 Worsened 2
 Stayed the same..... 3
 [DO NOT READ] Don't know 8
 [DO NOT READ] Refused 9

Q30C:

Your ability to obtain affordable food that is nutritious [IF NEEDED: Has this improved over the course of the pandemic, worsened or stayed the same?]

- Improved..... 1
 Worsened 2
 Stayed the same..... 3
 [DO NOT READ] Don't know 8
 [DO NOT READ] Refused 9 26

Q30D:

Your ability to maintain employment that pays at least a living wage [IF NEEDED: Has this improved over the course of the pandemic, worsened or stayed the same?]

Improved.....	1
Worsened	2
Stayed the same.....	3
[DO NOT READ] Don't know	8
[DO NOT READ] Refused	9

Q30E:

Your ability to afford housing [IF NEEDED: Has this improved over the course of the pandemic, worsened or stayed the same?]

Improved.....	1
Worsened	2
Stayed the same.....	3
[DO NOT READ] Don't know	8
[DO NOT READ] Refused	9

Q30F:

Your ability to find available, quality childcare [IF NEEDED: Has this improved over the course of the pandemic, worsened or stayed the same?]

Improved.....	1
Worsened	2
Stayed the same.....	3
[DO NOT READ] Don't need childcare	7
[DO NOT READ] Don't know	8
[DO NOT READ] Refused	9

Q30G:

Your ability to obtain care or to care for any member of your household that has a disability or chronic illness [IF NEEDED: Has this improved over the course of the pandemic, worsened or stayed the same?]

Improved.....	1
Worsened	2
Stayed the same.....	3
[DO NOT READ] Don't need this type of care.....	7
[DO NOT READ] Don't know	8
[DO NOT READ] Refused	9

Q31:

Have you been vaccinated for COVID?

Yes	1
No.....	2
[DO NOT READ] Refused	9

Q32:

Thinking back to when you get vaccinated, did you get it as soon as you were eligible or were you somewhat hesitant to get the COVID vaccine?

Got it as soon as eligible	1
Somewhat hesitant	2
[DO NOT READ] Don't know	8
[DO NOT READ] Refused	9

Q33:

Why did you end up getting the vaccine? INTERVIEWER: Read all choices and get a yes or no to each response.

You were required to by your job	01
You were required to for some other reason.....	02
You or someone you know got sick or died with COVID.....	03
Faith-based community encouraged me.....	04
Family or friends encouraged me	05
Learned more about the vaccine.....	06
Your doctor recommended it	07
[DO NOT READ] Other (specify).....	97
[DO NOT READ] Don't know	98
[DO NOT READ] Refused	99

CELLLL:

Is there at least one telephone INSIDE your home that is currently working and is not a cell phone?

No (Landline Only).....	1
Yes	2
No.....	3
[DO NOT READ] Refused	9

LLCELL:

Do you have a working cell phone?

Yes	2
No.....	1
No (Cell Phone Only).....	3
[DO NOT READ] Refused	9

PHONETYP:

Landline or Cell Phone

Landline Only.....	1
Landline and Cell Phone	2
Cell Phone Only	3
[DO NOT READ] Refused	9 28

HISP:

Are you of Hispanic origin or descent, such as Mexican, Dominican, Puerto Rican, Cuban, or some other Spanish background?

Yes 1
No..... 2
[DO NOT READ] Refused 9

RACE:

Would you consider yourself: [IF "Biracial" or "Multi-racial" ask: "What races would that be?"]

African American or Black 1
American Indian or Alaska Native 2
Asian 3
Native Hawaiian or Other Pacific Islander 4
White 5
[DO NOT READ] Other/Something else (specify)..... 7
[DO NOT READ] Refused 9

BYR2:

In what year were you born? INTERVIEWER: ENTER ALL FOUR DIGITS OF THE RESPONDENT'S BIRTH YEAR IN BOX AT BOTTOM OF SCREEN[IF NEEDED: This is just used to compute your age.]

REFUSAL..... RF

OWN:

What is your living arrangement? Do you...

Rent an apartment or home 1
Own your home..... 2
Other living arrangement 3
[DO NOT READ] Refused 9

EMPLOY:

Which of the following categories best describes your current employment situation?[IF self-employed: "Would that be full-time or part-time?"]

Employed full-time 1
Employed part-time..... 2
Underemployed, below my skill or pay level..... 3
Unemployed, looking for work 4
Unemployed, not looking for work..... 5
Retired 6
Vol: Disabled 7
Other (specify) 8
[DO NOT READ] Refused 9 29

CHILD:

Are there children under the age of 18 living in your household?

- Yes 1
 No..... 2
 [DO NOT READ] Refused 9

MILITARY:

Are you or anyone in your household a veteran or a member of active duty military service?

- Yes 1
 No..... 2
 [DO NOT READ] Refused 9

DISABILITY:

Do you or anyone in your household have a disability?

- Yes 1
 No..... 2
 [DO NOT READ] Refused 9

INCOME:

About how much is your total household income, before any taxes? Include your own income, as well as your spouse or partner, or any other income you may receive, such as through government benefit programs.[IF NEEDED: "I just want to remind you that you are completely anonymous. We only use this information in aggregate form to ensure we have a representative group of New Yorkers."]

- Less than \$25,000..... 1
 \$25,000 to just under \$50,000 2
 \$50,000 to just under \$100,000..... 3
 \$100,000 to just under \$150,000 4
 \$150,000 or more 5
 [DO NOT READ] Refused 9

GENDER:

How do you describe your gender? Do you?

- Identify as a man..... 1
 Identify as a woman..... 2
 Identify as gender queer, gender nonconforming or non-binary..... 3
 Identify as transgender, man 4
 Identify as transgender, woman..... 5
 Identify as transgender, gender non-conforming 6
 Identify as another Gender not listed, please specify..... 7
 [DO NOT READ]Don't know/Refused..... 9

Attachment 2: Senior Focused Survey

Telewellness Hub (TWH) Survey

We are conducting this survey to collect information on telewellness hubs and the impact they have on the community. Telewellness Hubs are any easily accessible location where health or wellness services can be easily accessed virtually, through either phone or video conferencing with a healthcare provider. Ellenville Regional Hospital Rural Health Network is specifically focusing on community members who reside in the towns of Wawarsing, Mamakating, and Crawford. If you do not live in any of these areas, please do not fill out this survey. Thank you for your anticipated participation!

Have you ever heard of a Telewellness Hub (TWH)/Telehealth Hub site?

☐ Yes ☐ No

Please indicate your zip code in the following areas:

- ☐ Wawarsing (12420, 12428, 12435, 12446, 12458, 12483, 12489, 12566, 12740)
- ☐ Mamakating (10940, 12483, 12566, 12721, 12722, 12763, 12769, 12777, 12781, 12785, 12790)
- ☐ Crawford (10915, 10919, 10941, 10985, 12549, 12566, 12586, 12589, 12721)
- ☐ Other: *You do not need to complete this survey if you do not live in the above areas*

What age group do you fall into?

- ☐ 18-24
- ☐ 25-34
- ☐ 35-44
- ☐ 45-54
- ☐ 55-64
- ☐ 65 and over

Have you ever utilized a Telewellness Hub? If so, please write the location you used the TWH:

☐ Yes ☐ No

Location of TWH if utilized one before:

Why haven't you used a Telewellness Hub?

- ☐ I don't know of any
- ☐ I don't think I could use the technology
- ☐ I didn't know if I could afford it
- ☐ I don't have transportation to get to one
- ☐ Other: _____

Do you feel that using a TWH would be more time efficient than coming in person? If no, please explain:

☐ Yes ☐ No

Comment:

Do you think that using technology for a virtual visit would be challenging for you?

☐ Yes ☐ No

If yes, why?

Would you be open to using a Telewellness Hub if there were staff available to help you with it?

☐ Yes ☐ No

Comment:

What services would you be comfortable receiving at a Telewellness Hub? (Select all that apply):

- ☐ Primary Care
- ☐ Mental Health
- ☐ Counseling
- ☐ General Health/Wellness
- ☐ Resource Sharing/Gathering
- ☐ Other: _____

How far do you travel to see your Primary Care Physician (PCP)?

- ☐ Less than 30 min.
- ☐ 30-1 Hour

- ☐ More than 1 Hour

How do you currently get to your appointments?

- ☐ I drive myself
- ☐ I walk myself
- ☐ Rely on a friend or family member to drive me
- ☐ Use public transportation
-

How often do you see a doctor (Primary/Specialty) for appointments (Annuals/Wellness/Treatments/Nonemergent) per year?

- ☐ 0-1 times per year
- ☐ 1-3 times per year
- ☐ More than 5 times a year
- ☐ Other: _____
-

I would follow up more with my provider if I had the option to do it virtually:

- ☐ True
- ☐ False

Comment:

Would having a Telewellness Hub make it more or less likely that you would attend follow up visits?

- ☐ More likely
- ☐ Less likely
-

I think TWH in more rural areas would be beneficial to the following target populations: (Select all that apply):

- ☐ Seniors
- ☐ Adults
- ☐ Adolescents/Children

☐ Disabled

☐ LGBTQ Community

Comment:

Any other suggestions or comments about Telewellness Hub Services:

Thank you for your feedback, this information will be utilized in a project planning grant to help implement more Telewellness Hubs in rural areas in the future.

Attachment 3: Senior Focused Gaps Analysis

Area of Consideration		Number of adults aged 55+ that visit their Primary Care Physician (PCP) for a routine check-up at least once every 12 months. We are <u>not</u> considering number of adults aged 55+ who visited an urgent care or emergency room in the last 12 months.	
Current State	Desired State	Action Steps	Notes
1. 89% of all Ulster County residents reports 89% of adults aged 55+ answered yes. - Siena survey	1. 95% of Ellenville/Wawarsing residents' reports 95% of adults aged 55+ answered yes. - Siena survey	<ol style="list-style-type: none"> 1. Education on the importance of visiting PCP yearly 2. Improving access to PCP's through telehealth 3. Improving number of seniors enrolled in Medicare and therefore able to afford routine visits 4. Improving education on The Institute for Family Health's "sliding scale" payment system for PCP appointments 	4. IFH's "sliding scale" payment system allows patients to adjust their bill based on their income, creating more affordability for the patient

Area of Consideration		Percentage of adults aged 65+ with annual influenza and pneumonia immunizations. We are <u>not</u> considering COVID vaccinations.	
Current State	Desired State	Action Steps	Notes
1. 69.2% of Ulster County residents aged 65+ got flu shots within the past year. - Ulster County Indicators For Tracking Public Health Priority Areas (NYSDOH - Ulster County Indicators For Tracking Prevention Agenda Priority Areas (ny.gov))	<ol style="list-style-type: none"> 1. 90% - Prevention Agenda 2013 Objective. 2. 90% - Prevention Agenda 2013 Objective. 	<ol style="list-style-type: none"> 1. Education on the importance of immunizations and disease prevention/severity 2. Improving access to education and immunization resources at TeleWellness Hubs 3. Increasing number of seniors enrolled in Medicare for immunization coverage 	4. UCDOH offers seasonal influenza/pneumonia vaccination clinics

<p>2. 63.5% of Ulster County residents aged 65+ had pneumonia vaccine in the past year.</p> <ul style="list-style-type: none"> - Ulster County Indicators For Tracking Public Health Priority Areas (NYSDOH - Ulster County Indicators For Tracking Prevention Agenda Priority Areas (ny.gov)) 		<p>4. Increase awareness of Ulster County Department of Health seasonal flu and pneumonia vaccination clinics</p> <p>5. Have UCDOH utilize TWH sites for clinics.</p>	
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Area of Consideration	Percentage of adults 65+ who participate in leisure-time physical activity.		
Current State	Desired State	Action Steps	Notes
<p>1. 73.0% of Ulster County adults aged 65+ participate in leisure-time physical activity.</p> <ul style="list-style-type: none"> - NYS Prevention Agenda Dashboard – County Level: Ulster County (New York State Prevention Agenda Dashboard (ny.gov)) 	<p>1. 75.9%</p> <ul style="list-style-type: none"> - Prevention Agenda 2024 Objective 	<p>1. Education on importance of participating in leisure-time physical activity.</p> <p>2. Improving access to education and resources at TeleWellness Hubs (TWH).</p> <p>3. Making physical activity more easily accessible for Ulster County residents.</p>	<p>3. Offer physical activity classes at TWH sites or at more areas throughout the county.</p>

Area of Consideration	Percentage of adults aged 45+ who had a test for high blood pressure or diabetes within the past three years. We are <u>not</u> considering those who are already diagnosed with HTN or diabetes.		
Current State	Desired State	Action Steps	Notes
<p>1. 57.4% of Ulster County adults aged 45+ have had a test for high blood pressure or diabetes within the past three years.</p>	<p>1. 71.7%</p> <ul style="list-style-type: none"> - Prevention Agenda 2024 Objective 	<p>1. Education on importance of testing for high blood pressure and diabetes.</p> <p>2. Education on disease prevention/severity.</p>	<p>3. Care Connection for Aging Services in Osceola, Warsaw, and Wheatland, MO has TWH spaces</p>

<ul style="list-style-type: none"> - NYS Prevention Agenda Dashboard – County Level: Ulster County (New York State Prevention Agenda Dashboard (ny.gov)) 		<ol style="list-style-type: none"> 3. Improving access to testing for high blood pressure and diabetes at TWH sites. 4. Improving access to PCP's through telehealth for routine health screenings. 	<p>which include instruments to measure vital signs (blood pressure, oxygen level, heart rate, and weight). Could also include blood glucose meters in our sites.</p>
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Area of Consideration	Percentage of premature deaths (before age 65 years).		
Current State	Desired State	Action Steps	Notes
<ol style="list-style-type: none"> 1. 29.7% of premature deaths (before 65 years) in Wawarsing. <ul style="list-style-type: none"> - NYS Prevention Agenda Dashboard – County Level: Ulster County (New York State Prevention Agenda Dashboard (ny.gov)) 	<ol style="list-style-type: none"> 1. 22.1% of premature deaths (before 65 years) in Ulster County. <ul style="list-style-type: none"> - NYS Prevention Agenda Dashboard – County Level: Ulster County (New York State Prevention Agenda Dashboard (ny.gov)) 	<ol style="list-style-type: none"> 1. Improving access to education and resources for achieving optimal health and preventing chronic disease at TWH sites. 2. Improving access to PCP's through telehealth for routine health screenings. 3. Improving number of people enrolled in insurance plans to cover cost of medical bills. 4. Offer wellness classes at TWH sites to promote optimal health. 5. Identify those who are eligible for cancer screenings and refer to PSS to assist with making appointments for early detection. 	<ol style="list-style-type: none"> 5. Current QI grant

Area of Consideration	Percentage of adults with chronic conditions (arthritis, asthma, CVD, diabetes, CKD, cancer) who have taken a course or class to learn how to manage their condition.		
Current State	Desired State	Action Steps	Notes
1. 10.2% of adults with chronic conditions in Ulster County have taken a course or class to learn how to manage their condition. - NYS Prevention Agenda Dashboard – County Level: Ulster County (New York State Prevention Agenda Dashboard (ny.gov))	1. 10.6% - Prevention Agenda 2024 Goal	1. Improving access to disease management resources 2. Offer disease management courses at TWH sites 3. Improving access to testing for high blood pressure and diabetes management at TWH sites. 4. Improving access to PCP's and specialists through telehealth for routine health screenings and disease management appointments.	1. Chronic Disease Self-Management Programs 3. Care Connection for Aging Services in Osceola, Warsaw, and Wheatland, MO has TWH spaces which include instruments to measure vital signs (blood pressure, oxygen level, heart rate, and weight). Could also include blood glucose meters in our sites. 3. Host events at TWH sites with ERH staff to screen for chronic conditions.

Area of Consideration	Knowledge of mental health providers in Ulster County.		
Current State	Desired State	Action Steps	Notes
1. 13.6% of adults in Ulster County reporting 14 or more days with poor mental health in last month. - Ulster County Indicators For Tracking Public Health Priority Areas (NYSDOH - Ulster County Indicators For	1. 7.8% of adults in Ulster County reporting 14 or more days with poor mental health in last month. - Prevention Agenda 2013 Objective 2. 24% 55+ Ulster County residents	1. Increase community knowledge of mental health resources in Ulster County. 2. Offer mental wellness programs in TWH sites.	52% in Ulster County think access to MH providers is a top-rated issue that affects health. Community Health Survey (most recent) MH partners in HAC UCDOH trainings

<p><u>Tracking Prevention Agenda Priority Areas (ny.gov)</u></p> <p>2. 32% 55+ Ellenville residents think that there aren't a sufficient, quality amount of MH providers</p> <ul style="list-style-type: none"> - Siena Community Survey 	<p>think that there aren't a sufficient, quality amount of MH providers</p> <ul style="list-style-type: none"> - Siena Community Survey 	<ol style="list-style-type: none"> 3. Improve access to mental health providers through telehealth. 4. Offer mental health support services via TWH 5. Increase the proportion of PCP visits where adults screened for depression. 6. Promote partners programs (MHA support groups, IFH therapists) 	<p>Mobile Mental Health, Suicide Prevention Lifeline, NAMI Mid-Hudson, etc.</p> <p>Healthy People 2030 focuses on prevention, screening, assessment, and treatment of mental disorders and behavioral conditions.</p> <p>Ulster County actively has 115 Mental Health Counselors, 6 Psychoanalysts</p> <p>Orange County has 125 MH Counselors from op.nysef.gov</p>
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Area of Consideration	Fall-related hospitalizations age 65+ years (per 10,000). We are <u>not</u> considering fall-related hospitalizations <65 years.		
Current State	Desired State	Action Steps	Notes
<ol style="list-style-type: none"> 1. 211.5 in Ulster County - Ulster County Indicators For Tracking Public Health Priority Areas (NYSDOH - Ulster County Indicators For Tracking Prevention Agenda Priority Areas (ny.gov)) 	<ol style="list-style-type: none"> 1. 155.0 - Prevention Agenda 2013 Objective 	<ol style="list-style-type: none"> 1. Improving access to education and resources related to fall prevention at TWH sites. 2. Improving access to PCP's through telehealth for routine health screenings. 3. Offer wellness classes at TWH sites to promote optimal health and prevent falls. 4. Provide home visits to assess for fall risk. 	<p>CHW home visits</p> <p>Lecture "Prevent Future Falls"</p>

Area of Consideration	Percentage of adults with obesity. We are <u>not</u> considering those with obesity <18.		
Current State	Desired State	Action Steps	Notes
<ol style="list-style-type: none"> 28.2% obese adults in Ulster County. <ul style="list-style-type: none"> NYS Prevention Agenda Dashboard – County Level: Ulster County (New York State Prevention Agenda Dashboard (ny.gov)) 	<ol style="list-style-type: none"> 24.2% <ul style="list-style-type: none"> Prevention Agenda 2024 Goal 	<ol style="list-style-type: none"> Improving access to healthy food options Improving access to education and resources related to obesity prevention and nutritious food sources Offer nutrition consultations at TWH sites and at outside sites Offer physical activity classed at TWH sites. Improving access to PCP's through telehealth for routine health screenings and obesity prevention. 	<ol style="list-style-type: none"> Farm-acy, FVRx program w/ CCE. Ulster county food pantries and other resources.

Reference:

Mid-Hudson Region Community Assessment (2022)

<https://www.dutchessny.gov/Departments/DBCH/Docs/2022-2024-Mid-Hudson-Region-Community-Health-Assessment.pdf>